



Relate

Lesson Guides

★ Lesson 1 - Developing good listening skills ★

Learning objectives:

- * Children learn the importance of being able to listen well
- * Children understand some basic listening skills
- * Children can explain what good listening skills are

Lesson approach:

We suggest running this lesson straight after the interactive story, this allows the children to make the appropriate connections.

You may choose to debrief the story with the children thinking through some key questions like why did Rose like the story so much? How did Oscar's ears help him to be a good listener? Etc.

We will focus on the following 3 listening skills and suggest you introduce them one at a time, maybe even developing an action for the children to remember each one:

- * Look at someone when they are talking to you, make eye contact
- * Nod your head to show you understand what they are saying
- * Ask questions if you don't understand

We suggest the following as ideas to help you to bring these 3 skills to life in this lesson:

- * Ask the children to help you come up with an action for each of these skills – e.g. for looking at someone they may point to their eyes.
- * Teachers role play what really good listening looks like (this one may get some giggles!)
- * Teachers share examples of children who have listened really well and call out the child if they are doing it.
- * Teachers explain why these are important skills and ask for suggestions from the children on why they think they are important.

Top Tips:

- * Keeping it simple at this stage is really important, we want the children to embed these skills and be able to remember them.
- * Do try and engage the children in the actions as this will really help them to remember the skills.
- * Reward those children who are showing good listening skills, calling out the skills they have used.
- * Tell parents about the three skills and how their child has used them at the end of the day so that they can reinforce this at home. (The skills are in the parent pack too).

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"Most people don't listen
with the intent to
understand, they listen with
the intent to reply"

~

★ Lesson 2 - Taking time to listen ★

Learning objectives:

- * Children practice using the listening skills they have learnt.
- * Children get feedback in the moment.
- * Children develop their listening skills.

This is a simple exercise that can be repeated over and over again throughout the day in groups and in 1:1 scenarios. It doesn't need to take any more than 2-3 minutes.

Lesson approach:

Teacher tells a child or a group of children that they want to take time to listen and they find a quiet place and sit together.

Teacher asks a child to practice their listening skills and reminds them of what they are - preferably do the actions together.

Teacher initiates a conversation, this could be about what they had for tea last night, what they are looking forward to about the weekend, what their favourite thing in the classroom is (or anything else!) The idea is that the teacher role models really good listening skills.

Then, the child gets a chance to practice their listening skills when the teacher shares something about themselves. This short conversation gives the teacher the chance to role model and the child a chance to practice.

After the short conversation the teacher can give the child some feedback on where they have listened well and if there is any areas that need focus.

Top Tips:

- *Give the child lots of feedback and encouragement, focussing in on what they do well as well as what they can work on.
- *Ask the child how they felt about the listening practice.
- *Share any points of development with the parent so they can practice this at home too.



"The word listen contains the same letters as the word silent"





Lesson 3 - Listening moments



Learning objective:

- * Children think about and share how listening helps them.
- * Children start to develop a habit around noticing their listening skills.

Lesson approach:

Like all carpet time reflection sessions, we suggest that this activity happens towards the end of the day and happens after other activities in this module.

We suggest asking all of the children to come to the carpet and get comfortable.

We then ask that teachers lead by sharing times that they have noticed the children using their listening skills either as a group or through 1:1 listening sessions.

Then, if the children can be invited to share when they have used their listening skills and how this has helped them, that is great. (Some children may need some prompting here).

Top Tips:

- * Try and do this exercise directly after the story as this will allow for you to make links to the key learning points in the story which, will help further embed this lesson.
- * Try and tease out how the children felt when they used their listening skills, this can really help them to remember that it is good to listen and that this is a habit they want to build.

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"Most successful people do
more listening and less talking"

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