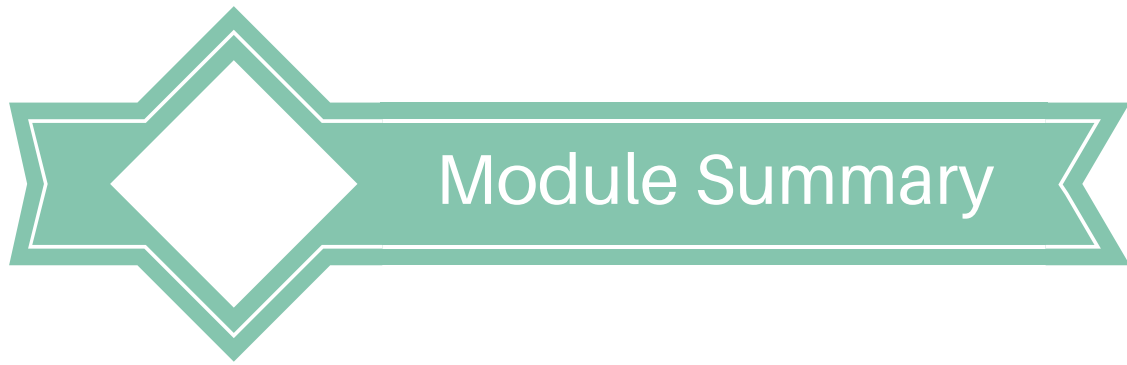




For Early Years

Appreciate

Parent pack



Module Summary

During this module your children learn all about the importance of gratitude of being thankful.

Key learning points include:

Children learn the importance of being thankful and that it helps us and others to feel good.

Children experiment with different ways of showing their gratitude or, of being grateful.

Children start to develop a habit around taking the time to stop and show gratitude.

Showing our thanks

Children learn all about the importance of stopping and taking time to be thankful, why not have this somewhere visible and encourage children to share what they are thankful for ?

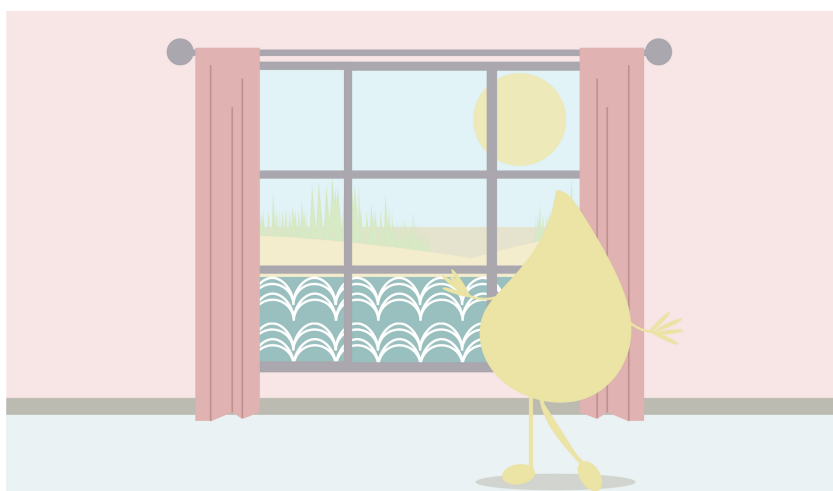


Appreciate story

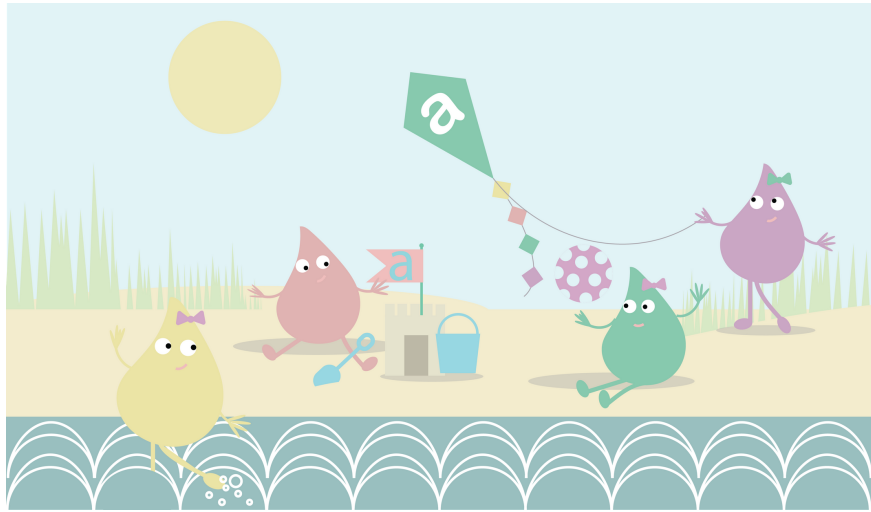
We encourage you to go over this story with your child and ask them what they remember from school, these prompts will help you.



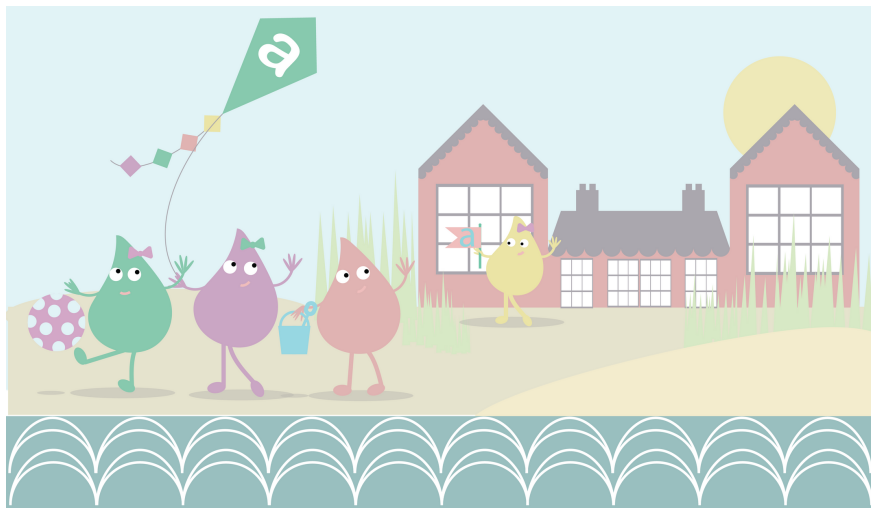
Arabella was a lovely girl who lived by the seaside, her garden was the beach and she loved to play in the sand...



One day, Arabella woke up and was so happy because her friends were coming to play, they lived in the countryside...



Arabella and her friends played on the beach for hours, they had such fun together splashing in the waves and building in the sand...



Arabella and her friends were so sad when it was time to leave but they were so thankful for the time they had together!

Habits at home

Did we talk about what we are thankful for today?

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-
-
-
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-
-
-

How does it feel to take time to be thankful?

What are you thankful for?



"It is not happy people who are
thankful, it is thankful people who
are happy..."

